Walk a Mile in Her Shoes Frequently Asked Questions

Q: **Do I have to wear high heels?**A: No.  Supporting the event is most important.

Q: **I cannot be at the walk, but I want to support the cause.  Can I make a contribution?**
A: Yes, please fill out a Sponsor form on our web page sasmn.org

Q: **How much money do I have to raise?**A: Each participant must raise a minimum of $30.00 but we encourage you to fundraise. The sky's the limit!

Q**: Do I have to contribute all the money myself or can I ask others to support me?**
A: You can ask friends, family, coworkers for support, but you do not have to. There is a sponsor form on our web page sasmn.org

Q**: Do I have to be part of a team?**
A: No. You can raise money and walk as an individual or a team.

Q: **Do I have to pre-register?**A: No, you may register at the event; however, event T shirts sizes will be limited, and they are first come first served. Pre-register by August 14, 2021 to guarantee your size.

Q**: Can women and kids walk, too?**A: Yes. And women and kids can wear comfortable shoes.

Q: **Can I watch?**A: Sure. Spectators are welcome.

Q: **Where does the money go?**A: All proceeds from the march will help local victims/survivors of sexual abuse served by Sexual Assault Services, Inc.

Q**: What if I do not have high heels.**A: You know what? Most guys do not. Really! We have shoes for you. Come early to choose your favorite.

Q: **What if I cannot find shoes that fit?**
A: If we cannot find high heels that fit, or if you have physical issues that prevent you from wearing heels, we have other options including some almost beautiful flip-flops. Or we have some nice flowers and other items to decorate your shoes. If you would like, you can wear regular shoes.

Q: **How can I donate high-heeled shoes to your event?**A: Shoes can be dropped off as Sexual Assault Services. Please call before you drop off. 218-828-0494.  Thank you!

Q**: Can I volunteer to help?**A: Yes!  Please contact us 218-828-0494. Your help is appreciated

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